



**American Sue**

**Sentimental Stitches™**



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## **Materials:**

*\* measurements are based on 100% cotton fabric 42" wide*

### **Fabric:**

Fat quarter or scraps of -

- 3 gold prints
- Brown
- Blue for dress
- Green for dress
- Black
- Tan
- Red
- White
- Navy blue star fabric

Binding—1/8 yard

Backing—fat quarter

Batting—15" x 18"

Cotton batting for wings—6" square

3/8" button—one

Embroidery floss—black

Fusible appliqué film—1/3 yard

Teflon pressing sheet—optional

**Finished size 13" x 16"**

## American Sue

Please read through all of the instructions before you begin your project.

**Basic instruction for iron-on applique** - review the manufacturers instructions for fusing with the type of applique film you have selected. Please note if any of the designs need to be reversed for proper design placement. Trace and label the reverse image of each section of the design on the paper side of the applique film using a pencil. Cut all pieces from the film, approximately 1/2" larger than drawn. Fuse the applique film design pieces to the wrong side of your chosen fabrics. Cut out all of the pieces on the drawn line. Remove paper backing. A layer of fusing material will be showing on the wrong side of your pieces. Position the pieces on your background fabric, centering the design. Fuse in place with iron. If you are going to buttonhole stitch around the raw edges, remember to use a sewable applique film. For the pieces you do not intend to sew on the quilts use an ultra hold applique film for a no sew finish on the edges.

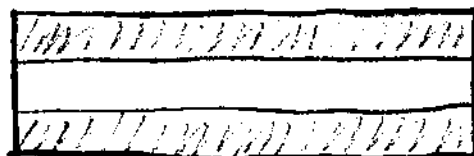
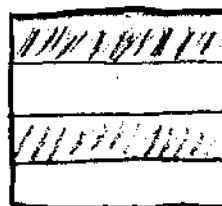
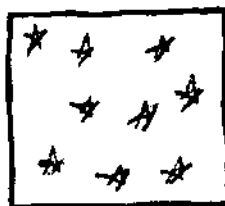
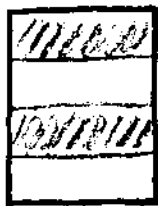
**Buttonhole stitch applique** - after fusing the applique pieces in place, the edges are secured with a buttonhole embroidery stitch using 2 strands of embroidery floss.

**Background placement lines for multi-pieced blocks** - Cut your background fabric according to size. If your background fabric is a light color, lay it over the printed pattern, matching centers. Mark major shaped with a pencil about 1/8" inside pattern lines. If you cannot see through the background fabric, use a light table or tape the pattern and fabric to a window and with the sunlight, you have an instant light table.

All measurements given include 1/4" seam allowance.

1. Cut and piece the background flag section as shown in pattern diagram.
2. Cut and add border strips.
3. Mark the background fabric with placement lines and mark border for embroidery.
4. Trace applique pieces onto sewable applique film remembering to reverse your design when tracing. Fuse to your applique fabrics and cut out on the drawn lines. The angel wings were made from cotton quilt batting. Care should be taken when ironing the batting. If the heat is too high the batting will shrink. Use only enough heat to fuse in place.
5. Position pieces on your quilt top and fuse in place. The angel's star is fuse to a piece of cotton batting. Cut the batting out around the star shape about 1/8" larger than fabric star. Attach to quilt top by sewing a 3/8" button in the center.
6. Buttonhole stitch using 2 strands of black floss around each applique piece.
7. Embroider wording on the border with a backstitch using 3 strands of black floss.
8. Cut batting and backing 15" x 18".
9. Layer backing, batting and quilt top. Baste layers together. Quilt around all applique shapes and down the center of the border stopping where the wording is placed. Quilt in the ditch on the flag stripes. Quilt rays from Star #1 as shown on the pattern.
10. Cut two binding strips 1 1/4" wide by the width of your fabric. Sew the ends together to make one long strip. With right sides together and raw edges even, sew the binding to the quilt top beginning your stitching about 6" from the end of the binding at the quilt corners. Backstitch at the beginning and end of stitching and miter the corners of the binding strips.
11. Trim raw edges of backing and batting even with quilt top and binding. Fold the finding to the quilt back, fold under the raw edge and blindstitch in place.

Flag piecing



bottom border  $2\frac{1}{2}'' \times 16\frac{1}{2}''$

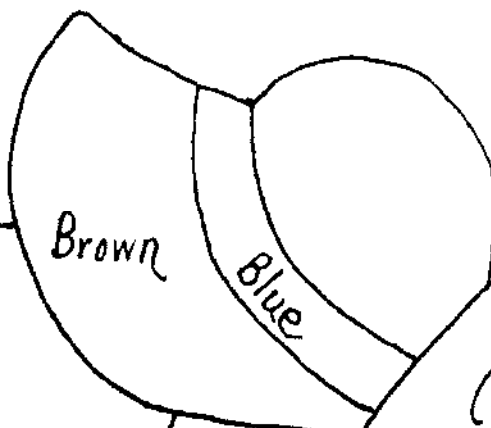


Red - Cut 2  
 $1\frac{3}{4}'' \times 6\frac{3}{4}''$

Cut 1

White - Cut 2  
 $1\frac{3}{4}'' \times 6\frac{3}{4}''$

$5\frac{1}{2}'' \times 6\frac{1}{4}''$

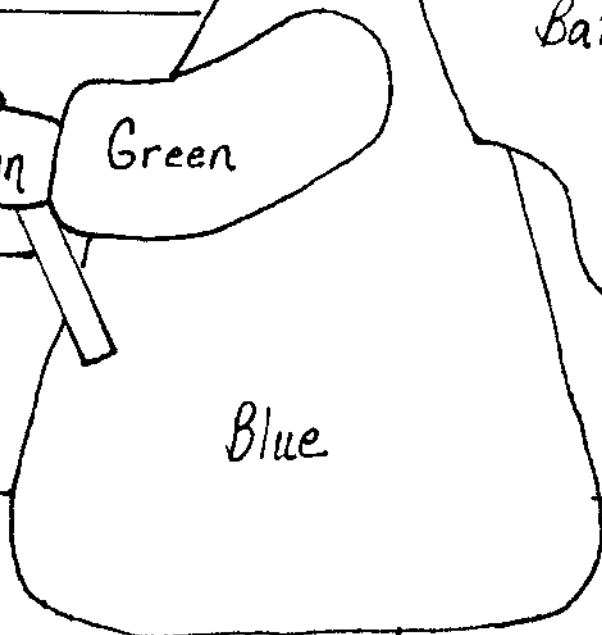


Cotton  
Batting

Cut 2 Red  
 $1\frac{3}{4}'' \times 12\frac{1}{2}''$



Cut 1 white  
 $12\frac{1}{2}'' \quad 1\frac{3}{4}'' \times 12\frac{1}{2}''$



Black

Center lettering on lower border

God Bless America

Cut & sew first 2 side border strips  $2\frac{1}{2}$ " x  $9\frac{1}{4}$ "



Cut top

Navy

